



## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **David Frost**

Has successfully participated & completed the

11km Medium Highland Gate Trail Run 2020

held at Highland Gate, Dullstroom.

**TIME** 01:26:17

**PACE** 07:49/km

**OVERALL** 49 of 223

**GENDER** 32 of 93

**OPEN** 30 of 68

14 March 2020, Sat

Date



